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**International Arts
Festival for Children**

Teacher's Resource Pack for Sound Secrets Foley Workshop

Technical requirements

Dear Teachers, welcome to the Teacher's pack for Sound Secrets, the five part online Foley workshop given by the Moonfish Theatre team.

This pack includes some recommendations and ideas on how to record a radio play in the classroom as well as some activities that will help your students learn more about Foley and creative process involved in making a radio play.

The student's activities are linked with the curriculum in the area of Arts education: Music and Drama.

We hope that this pack will provide you with some ideas and technical help in both the recording process and helping your students develop creative and communication skills by diving into the world of Foley.



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Sound Secrets Workshop 1 - What is Foley?

This video is an introduction to Foley. It covers:

- What is Foley?
- Why do we need Foley in Film and Television?
- Warming up our bodies
- Experimenting with some objects
- Adding your own Foley to Silent Video Clips.

Session Objective

This session is designed to introduce students to the idea of Foley and support them in seeing the potential of these objects to make sound effects.

Link with Curriculum: Arts education: Music and Drama.

You will need:

- A computer or projection screen to watch the workshops and a way to pause the video as needed.
- Objects that your students can experiment with. Class sizes in each school differ but we recommend 4-5 students per group with each group receiving 10 - 12 objects to experiment with.
- Some students may be able to bring in some household objects as well as the teacher.
- Each group will need a pencil/pen and paper to write down some ideas.

Here is an example of a list of household objects that could be used as Foley:

Paper cups

Strings

Frisbee

Sticks and twigs

Plastic tub or plastic lids



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Oatmeal bars (sound of crunching)
Balloons (blown up)
Rice in a plastic tub
Floor mops
Wind chimes
Ice or pebbles wrapped in a towel
Newspaper
Wooden spoons
Pots and pans
Keys
Books
Leaves
Dried leaves
Leather gloves
Plastic bags
Musical instruments (tin whistles, flute, violin, keyboards etc.)

Body percussion - as in video.

Any item that makes a sound could be used as a Foley Object!

Note: The sound effects that the students will be asked to make in this video are:

A door opening
A door closing
Keys dropping
Footsteps.

Going deeper:

If you and your students are interested in learning more about Foley here are some useful links to find out more and with some other ideas to try!

<https://www.youtube.com/watch?v=Brr0-iY1NtY> _ a short video about Jack Foley

https://www.youtube.com/watch?v=UO3N_PRlgX0 - six minute video showing how Foley artists create sound effects in a studio environment.



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Sound Secrets Workshop 2 – Building a Soundscape

Session Objective

The objective of this session is to introduce the students to the idea of soundscapes and creating stories made to be heard and not seen.

The second objective is for the students to work together in their small groups to create their own story and soundscape and to perform them in class.

Link with Curriculum: Communication and Literacy English (or Irish)
Arts Education Music and Drama

This episode covers:

- What is a soundscape? How do we tell stories made only for our ears?
- Listening to a soundscape created by Moonfish Theatre.
- How do we create a soundscape?
- Creating your own soundscape in a group

You will need:

- A computer or projection screen to watch the workshops and a way to pause the video as needed.
- Foley objects for each group to use for the creation of the soundscape. We recommend 10 – 12 objects per group. See list above for Foley object ideas.
- Each group will need a pencil/pen and paper to write down some ideas.

Going Deeper

Take a field trip outside to gather some objects (pine cones, pebbles etc, grass) that could be used for the soundscapes.



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Sound Secrets Workshop 3 - Working with a Radio Script

This workshop covers:

- Reading an extract of the radio play *Into The World Within*.
- Creating Foley sound effects for that extract to tell the story.
- Choosing characters and speaking the dialogue in the extract.
- Doing a read through of the piece and performing the sound effects at the same time.

Session Objective

The objective of this session is to introduce the extracts from the Moonfish radio play *Into The World Within* to the students and to follow on from the previous workshop where students learned how to break down a script into sounds.

Link to the Curriculum: English :Oral and written language - Element:
Communicating, Understanding and Exploring
Arts and Education: Music and Drama

You will need:

- Different extracts from *Into the World Within* for each Foley group.
- One copy of each extract per student.
- Foley Objects for each group to play with (the can be the same objects that you have been using and we recommend adding in some new ones or suggesting that the students bring in some objects from home that may make interesting sounds).

Going Deeper

Ask students to go on a field trip in their homes or outside (with parent's permission) to bring some in objects that may work for their extract.



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Sound Secrets Workshop 4 - Recording

This session covers:

- Rehearsing and Recording the radio play extracts

Session Objective

The objective of this session is to rehearse and the record each group performing the dialogue and Foley sound effects.

You will need:

- A recording device such as a phone or a tablet. Using the recording app on your smartphone will suffice. If using a phone or a tablet be sure to place the device close to where the action will take place (e.g. in the centre of the table) and ask students to go closer to the phone if the sound cannot be picked up from further away.
- Foley objects – each group should have the Foley objects that they need for their scene ready to go and placed in front of them or wherever they need them to be. It is a good idea to encourage the students to think of the recording like a performance and the aim is to try and get everything recorded in one take.

Have fun with the recording – some groups will need a few takes to get it recorded in one go.



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Sound Secrets Workshop 5 – Listening to the Recordings

Session Objective

The objective of this session is for the groups to hear and present their recordings to each other and then engage in discussion and feedback.

Link to Curriculum: English: Oral and Communication, Arts Education Music and Drama.

You will need:

- A speaker or device to listen to the stories so that the whole class can hear each story.
- The *Into the World Within* script - so that you can play each extract in the order that it comes in the play.

Going Deeper

The next step might be for the class to write their own radio play. Each group could be in charge of writing one scene and create Foley for that scene as well.

You might choose to have a whole class discussion and brainstorm what to base the radio play on. It could be a Halloween play, A Christmas Radio Drama or a play about the countdown to the summer holidays! Whatever the subject matter we hope that you found this resource pack useful and that you continue to create and enjoy the wonderful world of Foley!

Go n-éirí libh!